



BH Fitness T6 SPORT Treadmill Owner's Manual



BH 12/6/12

INTRODUCTION:

Congratulations for selecting BH FITNESS as your new fitness resource. BH FITNESS treadmills offer many exercise programs that benefit users of all levels and ages. Your new treadmill is designed to make your workouts more effective and enjoyable.

Please read this entire manual carefully before using your treadmill. This will allow you to get a full understanding of all the features your BH FITNESS treadmill provides. If you have any questions or concerns, please contact BH FITNESS or any authorized BH FITNESS distributors in your area.

BH FITNESS

BEFORE YOU BEGIN

It is very important to become familiar with the frequently used components of your treadmill.





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SECTION 1

IMPORTANT SAFETY INSTRUCTIONS

Read all instructions before using the treadmill.

User Safety:

Before using this or any other exercise equipment **consult your family physician or health care professional** in order to develop a well-planned exercise program to fit your health needs. If you encounter any pain or breathing discomfort while working out, **STOP!**, and consult a physician before continuing.

1. Close supervision is necessary when used by or near children. Do not use the unit as a toy.
2. Do not wear loose or dangling clothing while using the treadmill.
3. Maximum user weight is 286 lbs (130kg) for the T6 treadmill.
4. Only one person can use the unit at a time.
5. Keep hands away from moving parts.
6. The owner is responsible for explaining safety instructions to each user.

Treadmill Safety:

WARNING: To reduce the risk of fire, electric shock, injury to persons or inflicting the harm of a burn:

7. Turn all the controls to the off position prior to removing the electrical plug from the outlet. The on/off switch is located on the right, front of the unit.
8. Never leave the unit unattended when plugged in. Unplug the unit from the electrical power before leaving the room, when unused and before servicing or adding or removing parts.
9. Unplug the treadmill prior to cleaning to reduce the risk of electric shock, serious burns, and the risk of injuries.
10. Never operate this unit if it has a damaged electrical cord or plug. Do not operate this unit if it is not working properly. Do not operate this unit if it has been dropped or damaged. Do not operate this unit if it has been immersed into water. Return the unit to a service center for examination and repair.
11. Do not pull or carry the unit by the electrical cord. Do not use the cord as a handle.
12. Keep the electrical cord away from heated surfaces.
13. Connect this Treadmill to a properly grounded 110-120V, 15 or 20 Amp dedicated outlet only.
14. Do not place sharp objects near the unit. Never drop or insert any object into any opening.
15. Do not use outdoors.
16. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
17. Use the unit only as described in this manual. Only use attachments recommended by the manufacturer.
18. For safety, keep a minimum clearance of 18" on the front and each side and 24" at the rear of the treadmill. Place the unit on a flat stable surface.
19. For repair or service, please contact BH North America Corporation at:

20155 Ellipse, Foothill Ranch, CA 92610

Phone: 949-206-0330

Fax: 949-206-0013

Email: fitness@bhnorthamerica.com

Note—If the treadmill has the folding mechanism, please make sure the incline is adjusted to the original position before folding the treadmill (to avoid interference between mechanisms).



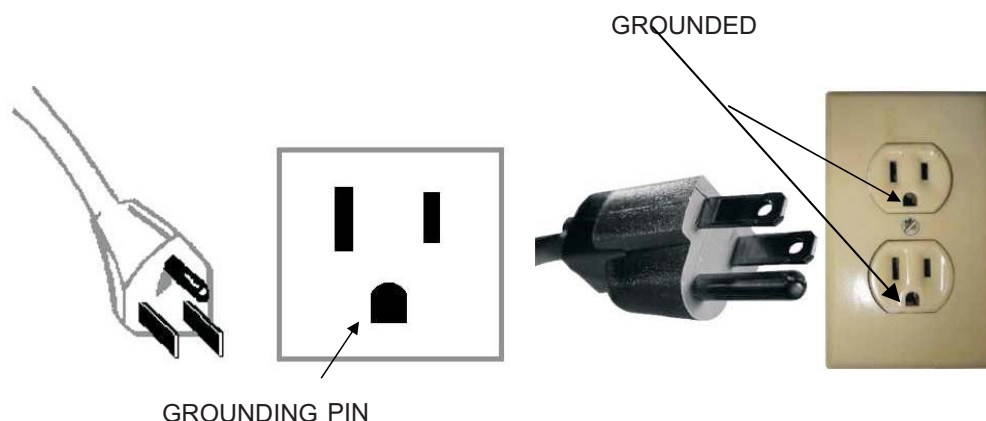
IMPORTANT SAFETY INSTRUCTIONS (continued)

GROUNDING INSTRUCTIONS

This unit must be grounded. If it malfunctions or breaks down, grounding reduces the risk of electric shock by providing a path of least resistance for electric currents. This unit is equipped with a cord that has an equipment-grounding conductor and a grounding plug. Insert the plug into a dedicated 110-120 Volt electrical outlet that is properly installed and grounded in accordance with all local codes and ordinances. Do not use an adapter or extension cord with this unit.

WARNING! – An improper connection of the grounding conductor can result in a risk of an electrical shock. Check with a qualified electrician if you are uncertain if the unit is grounded properly. Do not modify the plug provided to you. If it does not fit the outlet, have a proper outlet installed by a qualified electrician.

GROUNDING METHODS



WARNING!

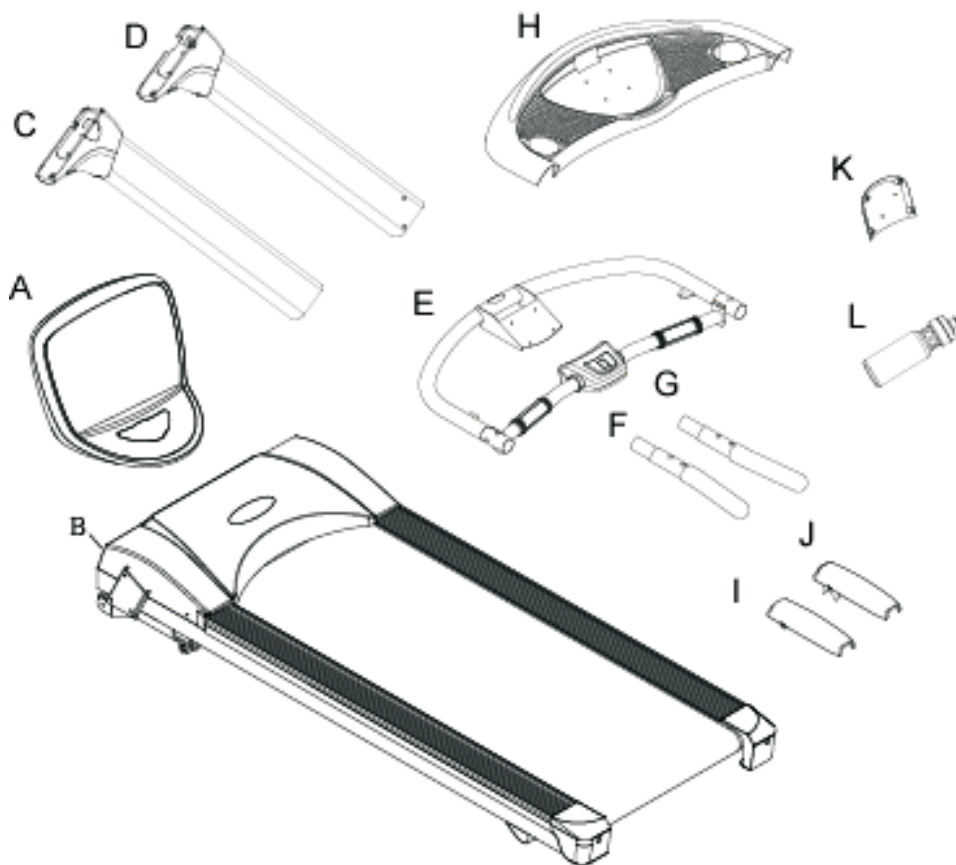
NEVER PUT THE TREADMILL ON ITS SIDE

Please save these instructions

SECTION 2

ASSEMBLY INSTRUCTIONS T6

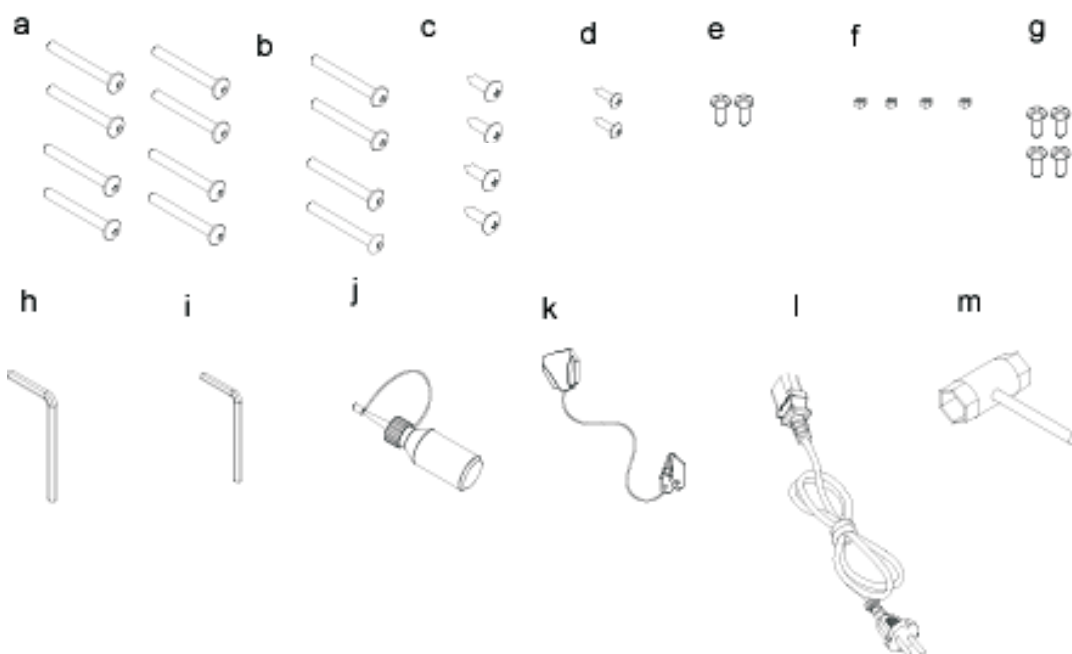
ITEM	DESCRIPTION	QTY
A	Computer Set	1
B	Frame	1
C	Left Upright	1
D	Right Upright	1
E	Computer Rack	1
F	Left Handrail	1
G	Right Handrail	1
H	Bottle Holder	1
I	Left Handrail Cover	1
J	Right Handrail Cover	1
K	Computer cover	1
L	Bottle	1





ASSEMBLY INSTRUCTIONS T6 (cont'd)

ITEM	DESCRIPTION	QTY
a	Bolt M8 x P1.25 x 50	8
b	Bolt M8 x P1.25 x 60	4
c	Bolt $\varnothing$ 5x25	2
d	Bolt $\varnothing$ 4x12	2
e	Bolt M5 x P0.8 x 15	4
f	Nut M6	4
g	Bolt M4 x 8	4
h	Allen Wrench 6 mm	1
i	Allen Wrench 5 mm	1
j	Bottle of Silicon Lubricant	1
k	Safety Key/Clip	1
l	Power Cord	1
m	Box Spanner (wrench) + Screw Driver	1





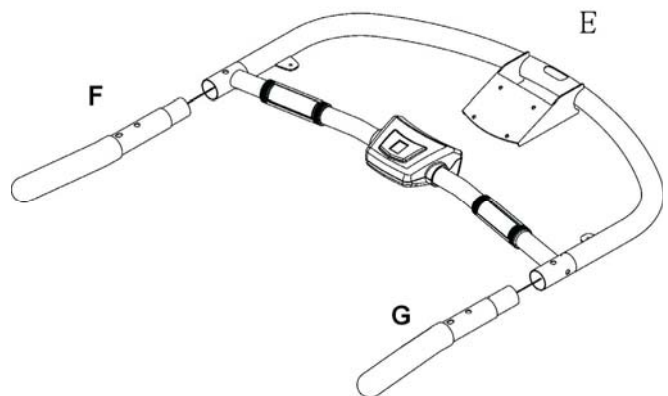
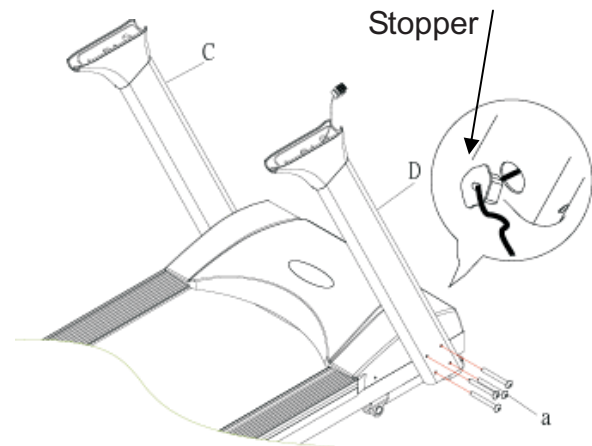
ASSEMBLY INSTRUCTIONS T6 (cont'd)

A minimum of two people are required to assemble this treadmill.

READ and understand ALL INSTRUCTIONS thoroughly BEFORE ASSEMBLING the treadmill.

1. On the right side, locate the cable starting under the motor cover. Pull the cable inside the right upright (D) with attached guide wire up to the top. Secure the stopper at the bottom.
2. Insert both uprights (C, D) to the frame (B). Tighten with eight bolts (a).
3. Insert handrails (F, G) onto the computer rack assembly (E) mounting tubes.

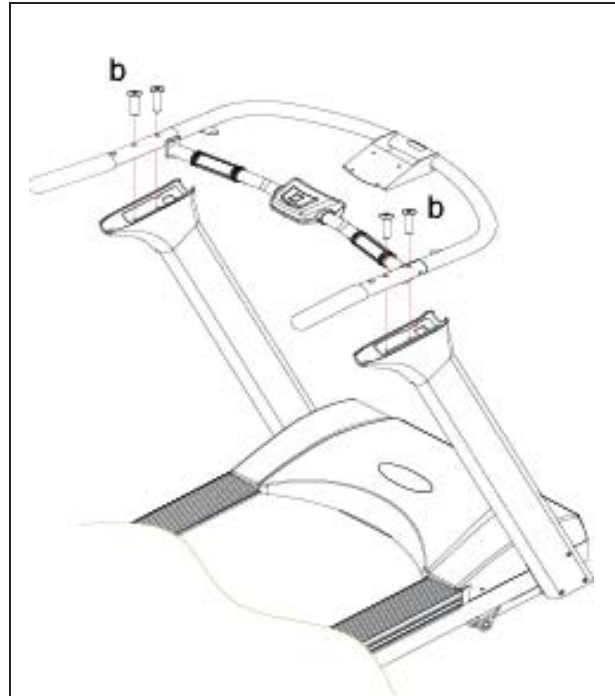
Note : While assembling, please make sure that the holes of the handrails match the holes of the computer rack assembly (E).



ASSEMBLY INSTRUCTIONS T6 (cont'd)

4. Connect the main cable through the Computer Rack Assembly (E) and pull out the cable from the upper holes of the Computer Rack Assembly (E). Place the Computer Rack Assembly (E) on the uprights. Fasten with bolt (b).

Note : When you fasten the bolts, please ensure that the bolts do not pinch the cable when securing the upright and handrail.

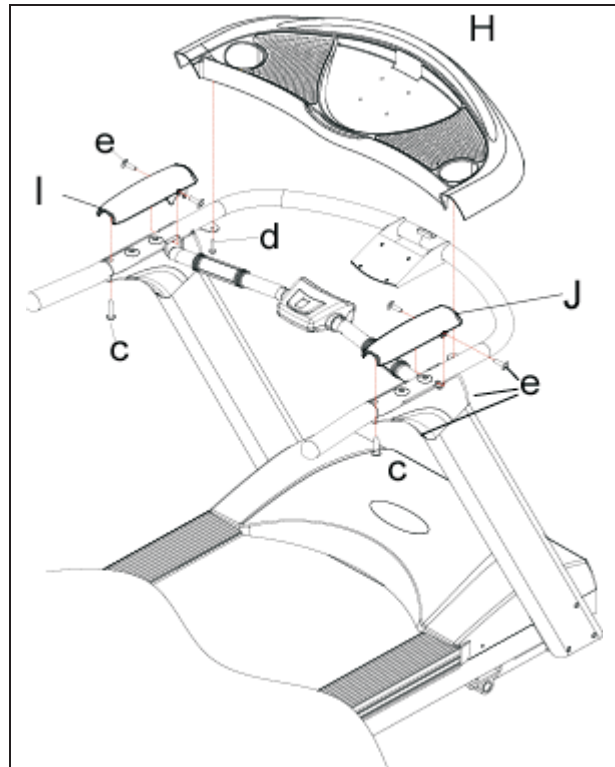


5. Place the bottle holder (H) onto the Computer Rack Assembly (E), and tighten with one bolt (d) on each side.

Note

Fasten the right and left handrail covers (I, J) with two bolts e and one bolt c per side.

Note : Be aware not to damage the wires or cables during assembly.

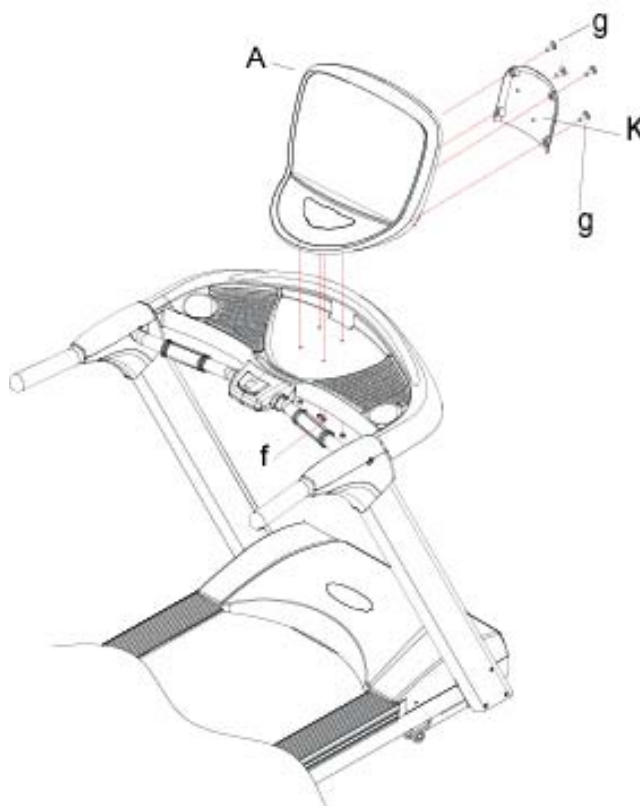




ASSEMBLY INSTRUCTIONS T6 (cont'd)

6. Mate all connectors from the bottle holder (H) to the computer console (A) by matching the wire colors.
7. Secure rear console cover (K) with 4 bolts (g).
8. Place the computer console (A) on the bottle holder cover (H) and fasten with the four nuts (f).
9. Insert the Electric Power Cord (I) at the front of the Motor Cover.

Note : Be aware not to damage the cables/harnesses during assembly.





SECTION 3

TREADMILL & CONSOLE

MOVING THE TREADMILL

Use the front wheels to move the Treadmill. Elevating the treadmill (incline) may help make the wheeling of the unit easier. Always be sure to use proper lifting form / technique. Grasp the end caps with two hands and slowly lift deck up until you are in an upright position. Keep the treadmill at that angle and wheel the unit as required.

SAFETY KEY & CLIP

Your BH Fitness treadmill is equipped with a safety key that will disable the treadmill if it is not in place. You should attach the clip end to your clothing. The magnet end goes into the recess in the center of the console. If at any time you need to stop the treadmill, pull the safety key quickly off the console. This will cut all power to the treadmill and it will come to a complete stop. To restart the treadmill, place the safety key back in place. You will then need to program your workout again.

BEFORE STARTING

Straddle the running belt and stand on the side rails. Insert the safety key and attach the clip to your clothing. Do not stand on the walking belt while starting or stopping the treadmill.



TREADMILL & CONSOLE (cont'd)

T6 SPORT



KEY FUNCTIONS

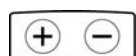
QUICK/START – This key is used to begin any treadmill program or QUICK/START.

MODE – This key is used to enter into the program mode.

STOP/RESET – This key is used to stop the treadmill at any time. In the standby position, press the Stop key for 5 seconds to set the incline to zero from an elevated position.

ENTER – This key is used to confirm the value of the current selection.

 These keys are used to adjust the elevation of the treadmill.

 These keys are used to adjust the speed of the treadmill.

Note: To switch between the metric system (kilometers) and the English system (miles), press and hold the Enter key for 10 seconds at the Start/Ready position after power on. At this time, the window will display: 0 (the English system) or 1 (the metric system). Use the Incline  keys to select. Press the Enter key to accept the selection.



TREADMILL & CONSOLE (cont'd)

INSTANT SPEED/ELEVATION KEYS – You can change the speed or elevation of the treadmill by pressing one of the Instant Key buttons.

CONSOLE FEEDBACK

TIME – This will read the number of minutes left in the program that you have selected. In QUICK START it will read the number of minutes that you have been exercising.

CALORIES – This reading is the amount of body heat in calories burned during your workout. As with all pieces of exercise equipment, this is an estimated value.

INCLINE – Incline will read as a percent of grade.

Note : Important information about Incline:

1. If the Incline is elevated when the safety key is removed and put back, the Incline does reset automatically to zero.
2. If the Incline is elevated when the user turns off power and then turns it back on, the Incline does reset automatically to zero.
3. If the Incline is elevated in the standby position, press the Stop key for 5 seconds to set the incline to zero.

PULSE – Pulse will display in Beats Per Minute (BPM).

SPEED – This is how fast the treadmill moves in Miles Per Hour (MPH).

DISTANCE – Total distance travelled during your workout in miles.

USING HEART RATE

Note : See page 22 for Target Heart Rate Instructions.

PULSE GRIP – To periodically check your heart rate, grasp the sensors at the base of the console. The PULSE LED will flash and after about 9 seconds your pulse (heart rate) will be displayed in the pulse window.



TREADMILL & CONSOLE (cont'd)

QUICK START

1. Stand on the side rails.
2. Use 2.A. or 2.B. as applicable
 - A. If POWER is off, turn on POWER switch, then go to step 3.
 - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
 - i.) Press STOP. Press and hold STOP until TIME = 0:00.
 - ii.) Wait for the Incline to go down to zero.
 - iii.) Press and hold ENTER until the console double beeps and the TIME screen is blank. Previously set weight remains.
 - iv.) Press QUICK START to begin without changing weight value.
3. To set new weight value, momentarily remove and return the safety key or recycle the power switch. The default weight (150 lbs.) should be flashing in the window.
4. Adjust weight if you wish with the   keys and press ENTER.
5. Press QUICK/START and the unit will move at 0.5 MPH.
6. Adjust Speed with the   to step 0.1 MPH or use instant speed keys.
7. Adjust Incline with the   to step 1% incline or use instant incline keys.

TO STOP

1. Step off running belt onto the side rails.
2. Press STOP/RESET. The running belt will stop.

Note : For an immediate stop, pull the safety key out of the safety key recess and the treadmill will stop abruptly.

SECTION 4**WORKOUT PROGRAMS**

Your BH FITNESS treadmill will provide both manual controlled and factory installed preset workout programs.

In MANUAL, you control the speed and/or elevation at your discretion. For QUICK START exercise with Time setting, refer to Manual Program.

In PRESET programs, the speed and/or elevation will change in accordance with the program's profile (as illustrated on the following pages).

In any program, pressing the Stop key will pause the current program. To resume the current program press the Start key. To exit the current program and return to the standby mode, press the Stop key again.

MANUAL PROGRAM (P-01) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B. as applicable
 - A. If POWER is off, turn on POWER switch, then go to step 3.
 - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
 - i.) Press STOP. Press and hold STOP until TIME = 0:00.
 - ii.) Wait for the Incline to go down to zero.
 - iii.) Press and hold ENTER until the console double beeps and the TIME screen is blank. Previously set weight remains.
 - iv.) Press QUICK START to begin without changing weight value.
3. To set new weight value, momentarily remove and return the safety key or recycle the power switch. The default weight (150 lbs.) should be flashing in the window.
4. Adjust weight if you wish with the   keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Press ENTER key ~ Time will be flashing.
7. Adjust time with the   keys.
8. Press QUICK/START and the unit will move at 0.5 MPH.
9. Adjust Speed with the   or instant speed keys.
10. Adjust Incline with the   or instant incline keys.



WORKOUT PROGRAMS (cont'd)

PROGRAM (P-02 through P-07) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B. as applicable
 - A. If POWER is off, turn on POWER switch, then go to step 3.
 - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
 - i.) Press STOP. Press and hold STOP until TIME = 0:00.
 - ii.) Wait for the Incline to go down to zero.
 - iii.) Press and hold ENTER until the console double beeps and the TIME screen is blank. Previously set weight remains.
 - iv.) Press QUICK START to begin without changing weight value.
3. To set new weight value, momentarily remove and return the safety key or recycle the power switch. The default weight (150 lbs.) should be flashing in the window.
4. Adjust weight if you wish with the   keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Select program P-02 through P-07 with the   keys.

NOTE: Program P-02, skip to Step 8

7. Press ENTER ~ Time light will be flashing.
8. Adjust time with the   keys.
9. Press ENTER ~ Speed will be flashing.
10. Adjust speed with the   keys.
11. Press ENTER ~ Incline will be flashing.
12. Adjust incline with the   keys.
13. Press QUICK/START to begin the workout.



WORKOUT PROGRAMS (cont'd)

PROGRAM (P-08) (HRP – Heart Rate Program)

Note : P-08 requires a Chest Strap, such as POLAR T41

. Transmitter (not included) sold separately.

Note : See Page 22 for Target Heart Rate instructions

1. Stand on the side rails.
2. Use 2.A. or 2.B. as applicable
 - A. If POWER is off, turn on POWER switch, then go to step 3.
 - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
 - i.) Press STOP. Press and hold STOP until TIME = 0:00.
 - ii.) Wait for the Incline to go down to zero.
 - iii.) Press and hold ENTER until the console double beeps and the TIME screen is blank. Previously set weight remains.
 - iv.) Press QUICK START to begin without changing weight value.
3. To set new weight value, momentarily remove and return the safety key or recycle the power switch. The default weight (150 lbs.) should be flashing in the window.
4. Adjust weight if you wish with the   keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Select P-08 program with the   keys.
7. Press ENTER ~ Time will be flashing.
8. Adjust time with the   keys.
9. Press ENTER ~ Age will be flashing.
10. Adjust age with the   keys.
11. Press ENTER ~ Pulse will be flashing.
12. Adjust pulse with the   keys.
13. Press QUICK/START to begin the workout.



WORKOUT PROGRAMS (cont'd)

CUSTOM PROGRAMS (P-09 and P-10) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B. as applicable
 - A. If POWER is off, turn on POWER switch, then go to step 3.
 - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
 - i.) Press STOP. Press and hold STOP until TIME = 0:00.
 - ii.) Wait for the Incline to go down to zero.
 - iii.) Press and hold ENTER until the console double beeps and the TIME screen is blank. Previously set weight remains.
 - iv.) Press QUICK START to begin without changing weight value.
3. To set new weight value, momentarily remove and return the safety key or recycle the power switch. The default weight (150 lbs.) should be flashing in the window.
4. Adjust weight if you wish with the   keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Use the   keys to select P-09 or P-10.
7. Press ENTER ~ Time will be flashing.
8. Adjust time with the   keys.
9. Press ENTER ~ Display will show S=01 (Segment #1).
10. Adjust the speed of this segment with the   keys or instant speed keys.
11. Adjust the incline of this segment with the   keys or instant incline keys.
12. Press ENTER ~ Display will show S=02 (segment #2).
13. Repeat steps 9, 10 and 11 up to S=30 (30 segments).
14. Press QUICK/START at any time to end data entry and begin workout.

Custom programs will be stored in the system for easy retrieval unless you reprogram the segments of the custom program.

Note : You can program up to 30 different level segments as desired. Any segments left unprogrammed will be carried out as default incline and speed of 0% and 0.5 MPH respectively.

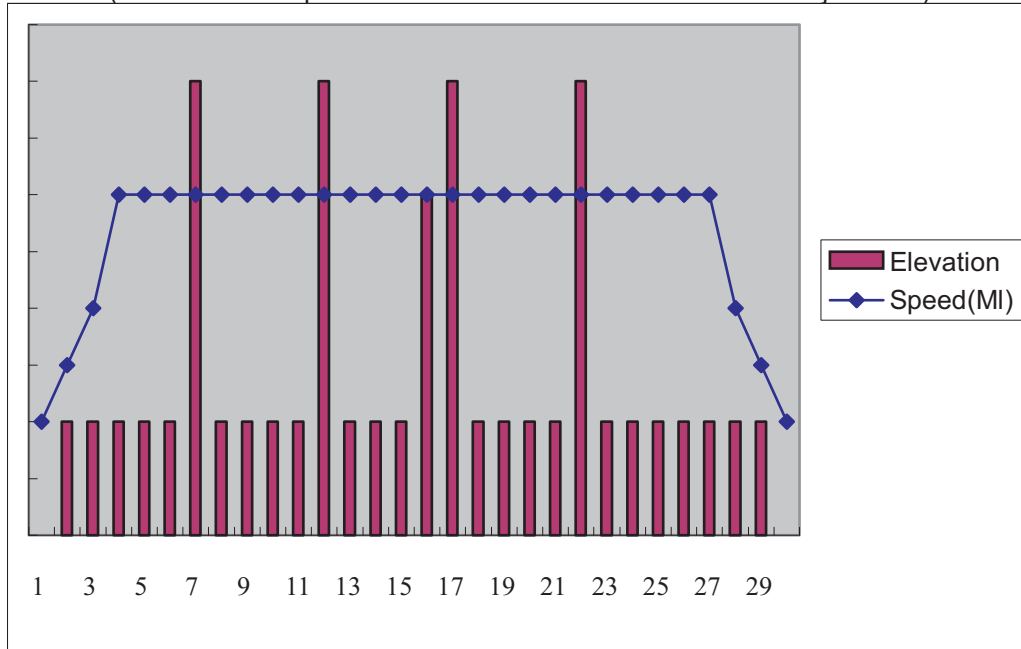
You can edit the current segment you are at and the built-in software will automatically adjust the rest of the segments to match.



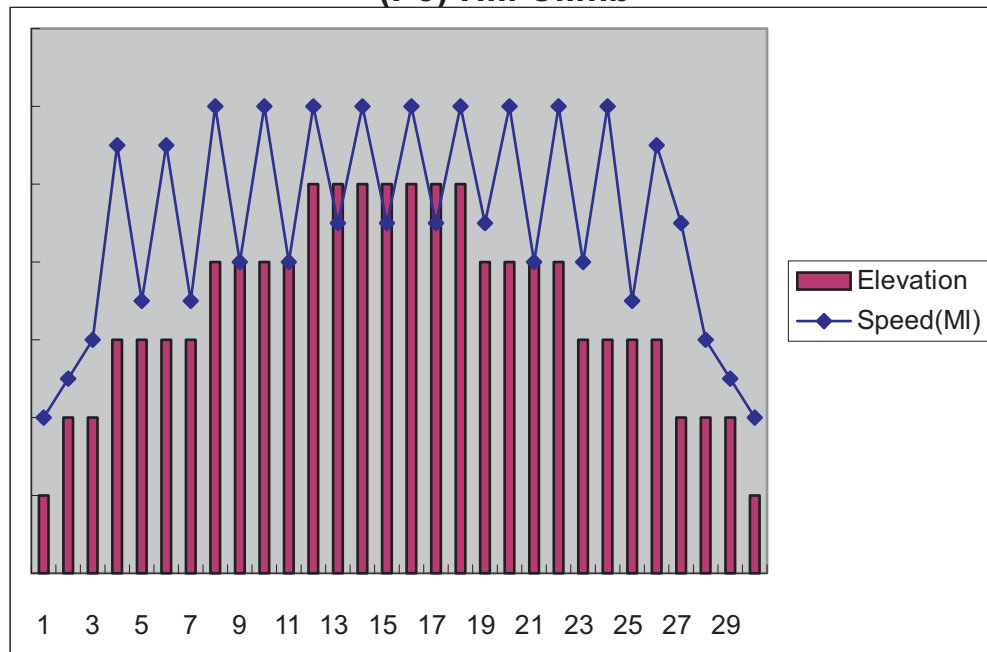
WORKOUT PROGRAMS (cont'd)

(P2) 9 Hole Walk

(The 9 Hole is a preset distance of 2.17miles. No Need to adjust time)



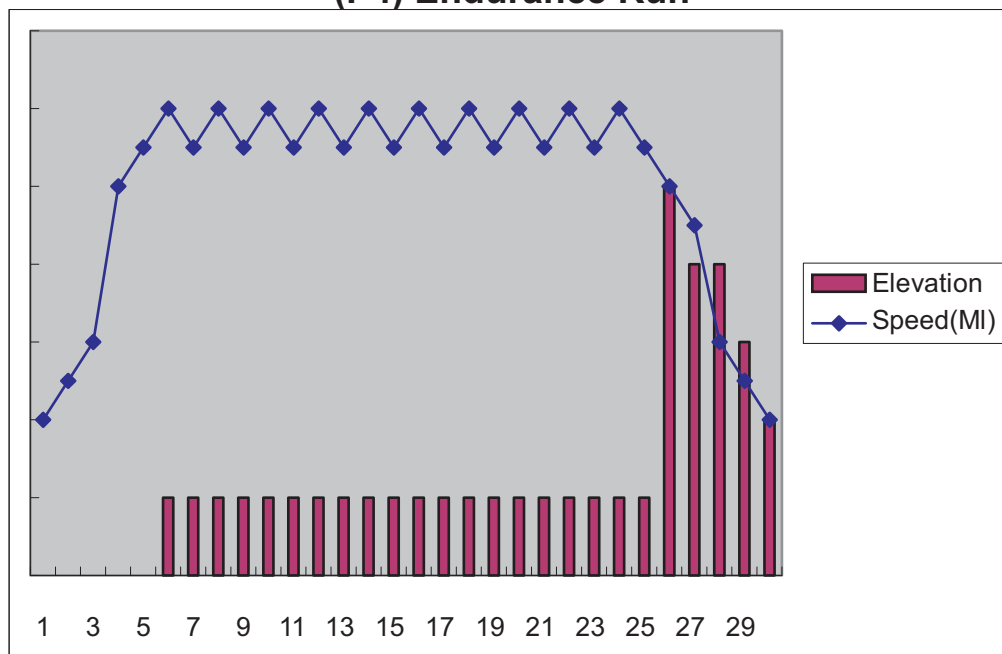
(P3) Hill Climb



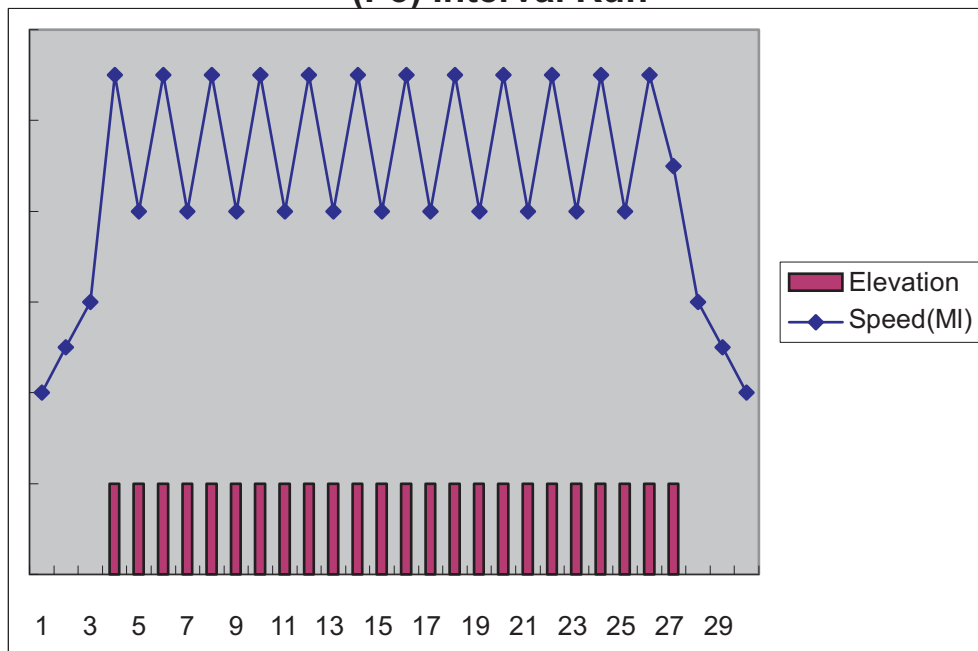


WORKOUT PROGRAMS (cont'd)

(P4) Endurance Run



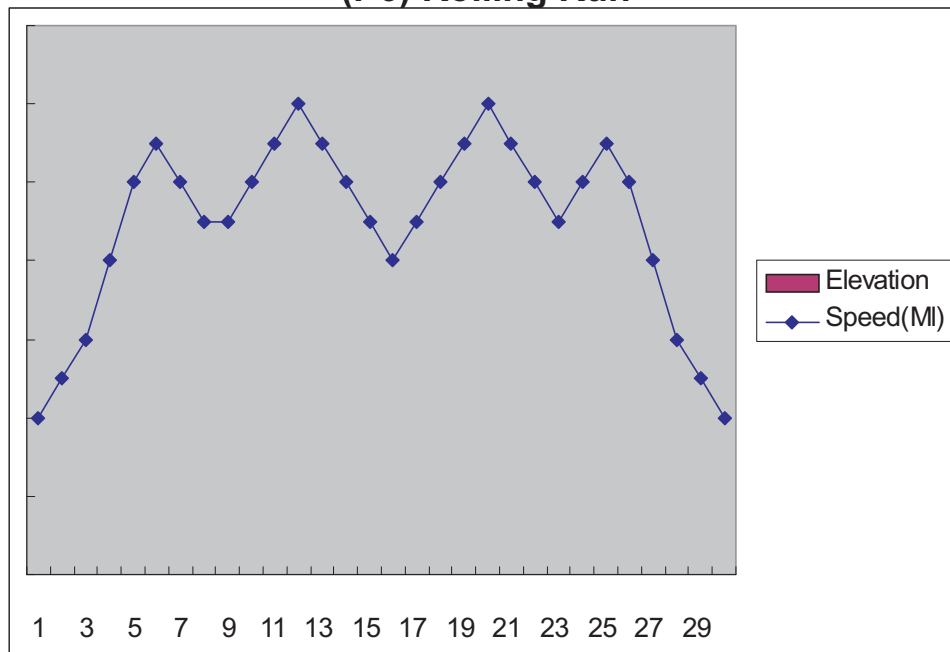
(P5) Interval Run



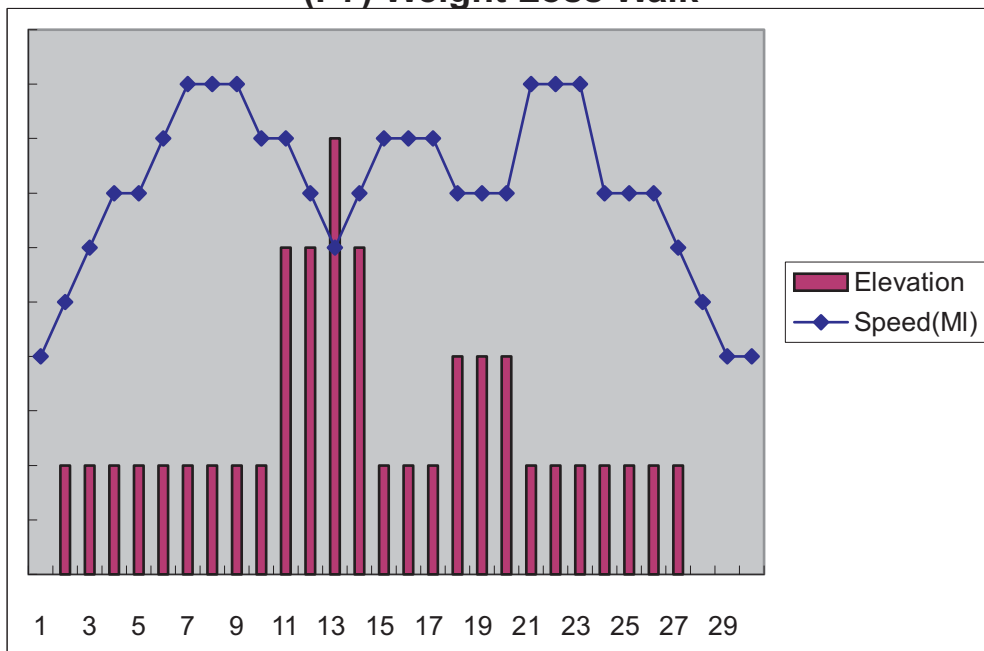


WORKOUT PROGRAMS (cont'd)

(P6) Rolling Run



(P7) Weight Loss Walk



(P8) HEART RATE CONTROL (HRC) – Based on AGE, PULSE and TIME inputs

CALCULATE YOUR TARGET HEART RATE

Heart Rate (HR) training has become one of the most popular forms of monitoring your workouts. Nothing tells you how your body is feeling like your own heart. By using your heart rate to tell you how hard to train, you can maximize your workout results.

STEP ONE**Determining your Maximum Heart Rate:**

The standard calculation for determining your maximum heart rate, Beats Per Minute (BPM), is to take your age and subtracting it from the number 220.

Example: If you are 30 years of age, your maximum heart rate is:
 $220 - 30 = 190 \text{ BPM}$.

STEP TWO**Select your ideal workout HR Zone:**

Once you have your maximum heart rate you can use it to determine your target HR Zone based on your fitness goal(s).

Recent studies have shown:

60-70% of your maximum HR will allow you to loose weight.

70-80% of your maximum HR will improve your aerobic fitness.

80-85% of your maximum HR will increase your athletic performance.

NOTE: DO NOT exceed 85% of your maximum heart rate.

STEP THREE**Calculate your ideal Target HR:**

Using the above percentages, you can calculate your ideal target Heart Rate for your specific goal.

As an example, the average 30 year old can:

Maximize burn fat / weight loss, by maintaining ~123 BPM during a workout
 $190 * 0.65 = 123 \text{ BPM}$.

Improve aerobic fitness, by maintaining ~142 BPM during a workout
 $190 * 0.75 = 142 \text{ BPM}$.

Do not exceed 85% = $190 * 0.85 = 161 \text{ BPM}$.

Remember to **consult your family physician or health care professional** to develop a well-planned exercise program to fit your health needs.

PREVENTIVE MAINTENANCE

The running belt can shift to one side or simply 'skid over' when running. Run the machine at 3 mph for a few minutes to determine which side the belt is drifting towards, left or right. Center the belt using the Torque wrench.

If the belt is drifting left.

- i) Turn the treadmill off and unplug from the machine.
- ii) Tighten the left hexagonal head socket a $\frac{1}{4}$ turn (clockwise).
- iii) Loosen the right hexagonal head socket a $\frac{1}{4}$ turn (counterclockwise).
- iv) Run the belt at 3 mph again for a few minutes.

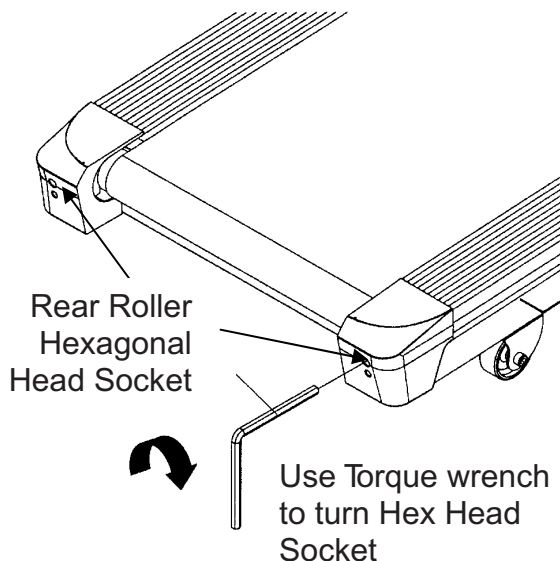
If the belt drifts to the left, repeat steps above.

If the belt is drifting right.

- i) Turn the treadmill off and unplug from the machine.
- ii) Tighten the right hexagonal head socket a $\frac{1}{4}$ turn (clockwise).
- iii) Loosen the left hexagonal head socket a $\frac{1}{4}$ turn (counterclockwise).
- iv) Run the belt at 3 mph again for a few minutes.

If the belt drifts to the right, repeat steps above.

Once the running belt has been adjusted, closer to the center, the treadmill can be powered on again.



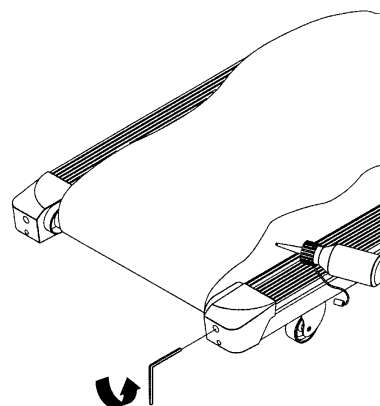
It is recommended that the deck be lubricated before first use and subsequently according to the frequency of usage referencing the table below.

WARNING!

Do not use cleaner under the running belt.

- i) Use Torque wrench to loosen the hexagonal head socket in the end caps. Remove excessive accumulations of dust, dirt, and other substances from running deck. ONLY use a clean soft cloth.
- ii) Gently pull up the side of the running belt. Dispense a thin layer of the lubricant on deck, and spread evenly. DO NOT over lubricate.
- iii) Center the belt (using the instructions above), and tighten the hexagonal head socket.

Check belt condition and if necessary adjust using the instructions above.

**For home use:**

4 Miles or less / hr = lube every 1 year

4~8 Miles / hr = lube every 6 months

8 Miles or more / hr = lube every 3 months

For commercial use, lubricate every month.



SECTION 7

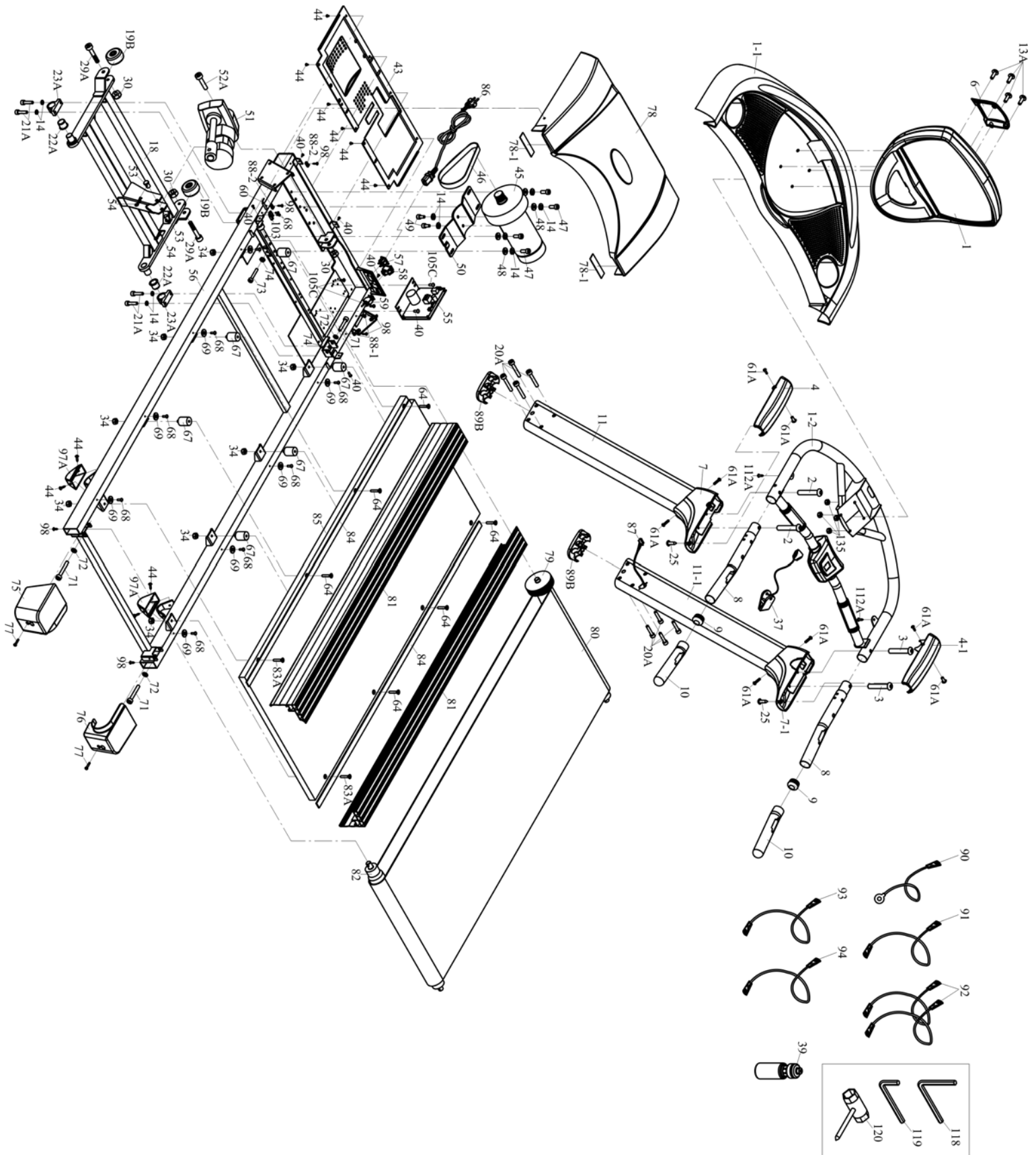
TROUBLESHOOTING

ERROR MESSAGE	POSSIBLE CAUSES	SOLUTION
E1		
Loss of Feedback	Speed Sensor disconnected	Check Speed Sensor Connection
	Speed Sensor Misaligned	Check Sensor position
	Faulty Speed Sensor	Replace Speed Sensor
	Loose Display Connection	Check Display Cable Connection
	Faulty MCB (D2 LED on)	Replace MCB
	Faulty Drive Motor	Replace Drive Motor
E6		
Safety Key Off	Faulty Safety key	Check Safety key or switch
Elevation Motor	Elv. Motor not moving	Check Elv. Motor connections
Stalled Elev. Motor	Elv. Motor screw binding	Clean screw, lubricate or remove obstruction
	Elv. Motor out of range	Check motor zero position
	Elv. Potentiometer	Replace Elev motor
E7		
Elevation Motor	Elv. Motor out of range	Replace Elev motor
Display doesn't light up	On/Off Switch	Check if unit is turned on
	Fuse	Check fuses on MCB
	Insufficient power source	Plug unit in a dedicated 120V, 20A outlet



TROUBLESHOOTING (cont'd)

Incline Function Abnormality	If the treadmill stuck in a raised position, press & hold STOP while pressing DOWN simultaneously for 3 – 5 sec. to force the treadmill to lower until a value 100 is read at the information window, then release the keys
	If the treadmill stuck below zero position, press & hold STOP while pressing UP simultaneously for 3 – 5 sec. to force the treadmill to raise until a value 100 is read at the information window, then release the keys
	If any of the above does not help, contact your authorized center for service



NO	Description	QTY	NO	Description	QTY
1	Computer Console	1	60	Sensor(Round)	1
40909	Plastic Water Bottle Shelf	1	61A	Truss Philips Screw M5xP0.8x15	8
40910	Water Bottle Shelf	1	63		
2	Truss Hex Screw(ψ13)	4	64	Counter Sink Hex Screw M8xP1.25x35	6
3			65		
4	Upper Handrail Cover(Left)	1	66		
41000	Upper Handrail Cover(Right)	1	67	Fixed Cushion	6
6	Computer Decoration Cover	1	68	Truss Philips Screw M4xP0.7x10	10
7	Lower Handrail Cover(Left)	1	69	Pedal Fixing Plastic	8
41091	Upper Handrail Cover(Right)	1	70		
8	Hand Grip Tube	2	71	CKS Hex Screw M8xP1.25x55(Full Thread)	3
			72	Washerψ8xψ16x1.5t	3
9	Arc End Cap ψ1-1/2"x1.5t	2	73	CKS Hex Screw M8xP1.25x45(Full Thread)	1
10	PVC Foam Grip	2	74	Hex Nut M8xP1.25	2
11	Upright(Left)	1	75	Rear End Cap(Left)	1
41214	Upright(Right)	1	76	Rear End Cap(Right)	1
13A	Round Head Philips Screw M4xP0.7x8	4	77	Round Head Drilling Philips Screw(Fine Pitch Thread)M4xP0.7x20	2
14	Spring Washer M8	10	78	Upper Cover	1
15			78-1	Foam Sticker 80x20x1.5t	2
16			79	Front Roller	1
18	Incline Base	1	80	Running Belt	1
19B	WheelΦ60XΦ10X30	2	81	Plastic Pedal	2
20A	CKS Hex Screw K-415	8	82	Rear Roller	1
21A	CKS Hex Screw M8xP1.25x25	4	83A	Counter Sink Hex Screw M8xP1.25x40	2
22A	Plastic Sleevelet	2	84	Foam Sticker	2
23A	Incline Base Fixing Base	2	85	Running Board	1
24					
25	Truss Philips Self Tapping Screwψ5x25	2	86	Power Cord	1
26			87	Lower Control Wire	1
27			88-1	Wire Clip Knob UC-1	2
28			88-2	Wire Clip Knob UC-0.5	2
29A	Truss Hex Screw M10xP1.5x60(30mm)	2	89B	End Cap	2
30	Nylon Nut M10xP1.5	3	90	Extension Wire (Kelly) 14AWGx130mmx1T1R	1
34	Nylon Nut M8xP1.25	8	91	Extension Wire (White) 14AWGx90mmx2T	1
35			92	Extension Wire (Black) 14AWGx90mmx2T	2
36			93	Extension Wire (White) 14AWGx170mmx2T	1
37	Safety Key Set	1	94	Extension Wire (Black) 14AWGx170mmx2T	1
38			95		
39	Bottle	1	96		
40	Truss Philips Screw M5xP0.8x10	6	97A	Rubber Pad	2
43	Lower Motor Cover	1	98	Washer Drilling Philips Screw(Fine Pitch Thread)M4xP0.7x16	6
44	Truss Philips Screw M6xP1.0x10	13	99		
45	Motor	1	100		
46	Drive Belt	1	101		
47	CKS Hex Screw M8xP1.25x20	4	102		
48	Washer ψ8xψ19x3.0t	4	103	Sensor Fixing Base	1
49	CKS Hex Screw M8xP1.25x15	2	105C	Round Head Philips Screw(Galvanization)M5xP0.8x10	3
50	Motor Fixing Plate	1	112A	Truss Philips Self Tapping Screw ψ4x12	2
51	Incline Motor	1	113		
52A	CKS Hex Screw M10xP1.5x40	1	115		
53	Incline Base Flex □-shaped Iron Plate Pin	2	116		
54	R Pin ψ10xψ2.0	2	117		
55	Controller	1	118	Hex Wrench 6mm (80mmx80mm)	1
56	Frame	1	119	Hex Wrench 5mm	1
57	Power Cord Socket	1	120	Bushing Spanner + Screwdriver	1
58	Power Switch	1	132		
59	Circuit Breaker	1	135	Nylon Nut M6xP1.0	4

WARRANTY

LIGHT COMMERCIAL WARRANTY

BH North America will repair or replace, free of charge, at its option, parts that are defective as a result of material or workmanship. Seven (7) year replacement warranty coverage on frame and five (5) year on other parts. Labor warranty coverage is one (1) year. Warranty covers the original consumer purchaser only.

RESIDENTIAL WARRANTY

BH North America will repair or replace, free of charge, at its option, parts that are defective as a result of material or workmanship. Lifetime replacement warranty coverage on frame and ten (10) year on other parts. Labor warranty coverage is two (2) years. Warranty covers the original consumer purchaser only.

THIS WARRANTY DOES NOT COVER

- Pre-delivery set-up.
- Components that require replacement due to dirt or lack of regular maintenance.
- Expendable items which become worn during normal use.
- Repairs necessary because of operator abuse or negligence or the failure to operate and maintain the equipment according to the instructions contained in the Owner's Manual.

For more detailed warranty information or to register your product warranty easily online, visit our website at: **www.BHFitnessUSA.com**

**FOR WARRANTY REPAIRS, PLEASE DO NOT TAKE YOUR MACHINE
BACK TO THE RETAIL STORE. CONTACT BH FITNESS FIRST.**

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